



# 200 Hr. Teacher Training Program Application & Enrollment Form



Please print clearly, fax to 888-400-9055, and drop off/mail to studio. Or please download the document online and email to [info@rasayogacenter.com](mailto:info@rasayogacenter.com).

FULL NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

TEL #: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

PRE-REQUISITES: **Student must have at least 2+ years of a personal yoga practice** (no exceptions); and if not with a Southern Oregon teacher, must provide your teacher's referral sent to [info@rasayogacenter.com](mailto:info@rasayogacenter.com). Student must also submit a signed copy of the Rasa Teacher's Ethical Guidelines and Code of Conduct.

QUESTIONS:

1) HOW LONG HAVE YOU BEEN PRACTICING YOGA ON A REGULAR BASIS?

2) WHAT STYLE (S) CALL TO YOU AND/OR WHAT DO YOU PRACTICE THE MOST?

3) HOW MANY TIMES DO YOU PRACTICE A WEEK IN A CLASS? \_\_\_\_\_ AT HOME? \_\_\_\_\_

4) WHAT AREAS IN YOUR PRACTICE DO YOU STRUGGLE WITH? WHAT AREAS ARE EASIER FOR YOU?



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- 5) HOW, IF ANY, HAS YOGA IMPACTED YOUR LIFE? PLEASE FEEL FREE TO USE EXTRA SPACE IF NEEDED.
  
- 6) DO YOU HAVE A PRIMARY TEACHER AT THIS TIME, AND IF SO WHO? PLEASE LIST ALL TEACHERS WHO HAVE IMPACTED YOUR PRACTICE.
  
- 7) DO YOU CURRENTLY TEACH YOGA? IF SO, FOR HOW LONG? WHAT TYPE OF CLASSES DO YOU TEACH?
  
- 8) PLEASE LIST ANY PREVIOUS YOGA TRAININGS.
  
- 9) DO YOU HAVE ANY MAJOR INJURIES OR MEDICAL CONDITIONS RELEVANT TO THE TRAINING? PLEASE DESCRIBE.
  
- 10) WHAT ARE YOUR EXPECTATIONS FOR THIS TRAINING? WHAT DO YOU HOPE TO ACHIEVE AFTER COMPLETING THIS PROGRAM?



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## STUDENT ENROLLMENT ACKNOWLEDGEMENT

### Registration Fee & Tuition:

A non-refundable \$200 registration fee must be submitted with this application, which will go against the first payment of your tuition. However, if your application is rejected, your registration fee will be returned to you. Please refer to the website for the most updated tuition and payment options. Thank you for understanding that we cannot offer scholarships for the program.

### Cancellation & Refund Policy:

Once your application has been approved, you will be notified via email. Should you need to cancel your position in the training, it must be submitted in writing to [info@rasyogacenter.com](mailto:info@rasyogacenter.com) as soon as possible.

If it is determined after the training has commenced that a student is unable to complete the total training hours for whatever reason, the student must forfeit the pro-rated used tuition plus the registration fee. A refund of the remaining amount will be issued within 7-10 business days of the student's last day.

### Student Acknowledgement:

**Attendance to every weekend session in the training is mandatory.** However, should the occasion arise that you are not able to attend a portion of the training, you must get prior approval from both co-directors. If you miss more than 2 days, it will impact your ability to graduate under this program.

I have read and signed the Ethical Guidelines and Code of Conduct. Rasa Center for Yoga & Wellness reserves the right to discontinue any students' training for violation of ethical guidelines, unsatisfactory progress, or nonpayment of tuition.

This is a 200 hour certified teacher training, which includes 180 contact/classroom hours. At the completion of the training and your graduation, you will need to submit your Rasa certification to, and register with, Yoga Alliance to receive your RYT.

I, \_\_\_\_\_, have read and completed this application to the best of my ability and understand the level of commitment necessary for this teacher training. In conjunction with Rasa's Ethical Guidelines, my signature below certifies my agreement to Rasa Center for Yoga & Wellness and the aforementioned Yoga Teacher Training Program.

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Signature (or will use your email, if online submission) \_\_\_\_\_ Date \_\_\_\_\_